

Course Aims

- To equip Czech coaches with the skills needed to deliver expert coaching through the performance pathway.
- The Course aims to work around the existing education framework provided through the PGAC to meet the demands of coaches working in a performance environment.
- The Course seeks to develop areas that have been identified as key performance indicators for future success of developing golfers in the Czech Republic.
- It is designed to 'bring to life' the theoretical aspects around the technical, tactical, psychological and physiological areas of performance coaching through a blended learning approach in an applied and practical setting.

Who is it for?

- The Course is aimed at motivated coaches who wish to further develop their knowledge in areas of performance coaching and with a keen interest in developing players through the pathway from age group to elite adult golfers.
- It is designed for coaches who wish to lead the club/TCM training program and may wish to pursue roles within the Czech Golf Federation in the future or simply work with aspiring players.

What will be delivered?

- Modules in technical, tactical, psychological, physiological, performance lifestyle, talent identification and coaching practice.

Duration and How the Course will be delivered

- The Course will run over a 12-month period from March 2023 till March 2024.
- Modules will be delivered through a blend of face to face and online workshops, training days, e-learning content, CGF camp attendance and peer-peer learning.

How will it be assessed?

- The Course will be assessed in a non-formal and reflective way through ongoing case studies with a player of choice, providing the opportunity to utilize the theory in an applied setting.

Time Demands

- The Course will be delivered to fit in around coaches working schedules. The majority of online and workshop content will be delivered through the winter months with practical sessions taking place in October, April and

- It is expected coaches will spend approximately two hours each week working through the Course content, case study with players and assessments.
- Overall, the course will consist of approximately 50 hours of theory and 30 hours of practice.

Cost

- The Course costs **8,000 CZK** per coach. Additional costs like travel or meal are not included.

How to get involved

- The 2023-24 Course will be limited to **8 coaches**. Coaches will be selected via an application process, outlining their existing work in the performance environment and motivations to expand their knowledge and experience in this area. To apply for the Course, use the link for the Application Form.

click here to fill the [**APPLICATION FORM**](#)

The deadline for applications has been set on for **Sunday 19th February**.

